



# THE WAVES OF WISDOM

ARABIC & ENGLISH

COMPILED AND TRANSLATED

BY

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## About the Author

Dr. Sajad Rashid is a distinguished scholar in Arabic Language and Literature, holding a Ph.D. from the University of Kashmir. With over 13 years of teaching experience at esteemed institutions like the Indian School Muscat, DPS Doha, and Our Own High School Dubai, he now serves as an Assistant Professor at the Islamic University of Science and Technology, Kashmir.

Dr. Sajad's works include Introduction to the Science of Hadith, Responsibility of Youth and Their Challenges, Al-Hikmah 01 & 02, and Aqwal-e-Rasool ﷺ. He has also presented numerous research papers at national and international seminars, showcasing his expertise and academic contributions.

# Disclaimer

The content of The waves of Wisdom is derived from various sources to provide a comprehensive exploration of its themes. Efforts have been made to ensure clarity and accuracy using translation tools, though some nuances may vary. Readers are encouraged to consult original texts for deeper understanding.

This work is intended for educational purposes and is not a definitive resource..

## **Why Read “The waves of Wisdom”?**

The Flowers of Wisdom presents timeless teachings from diverse traditions, offering practical guidance for personal growth and self-discovery. Blending ancient insights with modern perspectives, it inspires reflection and equips readers with tools to navigate challenges, find purpose, and achieve fulfillment.

# رَأَيْتُ الدَّهْرَ مُخْتَلِفًا يَدُورُ فَلَا حَزْنَ يَدُومُ وَلَا سُرُورُ

(الإمام علي رضي الله عنه)

This verse is attributed to Imam Ali (may Allah be pleased with him) and reflects profound wisdom about the nature of life and time. It teaches an important lesson for all of us, especially those who lose hope when facing problems. Often, we think everything is over during tough times, but we forget what the Prophet (peace be upon him) taught us about patience and trust in Allah.

Imam Ali reminds us that life constantly changes, like a wheel that keeps turning. Hard times don't last forever, and after every difficulty, better days will come. "Neither sorrow remains forever, nor happiness":

عَنْ أَبِي هُرَيْرَةَ رَضِيَ اللَّهُ عَنْهُ أَنَّ  
رَجُلًا قَالَ لِلنَّبِيِّ صَلَّى اللَّهُ عَلَيْهِ وَ  
سَلَّمَ أَوْصِنِي. قَالَ: لَا تَغْضَبْ،  
فَرَدَّدَ مِرَارًا، قَالَ: لَا تَغْضَبْ"  
(رَوَاهُ الْبُخَارِيُّ)

On the authority of Abu Hurairah (may Allah be pleased with him): A man said to the Prophet (peace and blessings of Allah be upon him), “Counsel me,” so he (peace and blessings of Allah be upon him) said, “Do not become angry.” The man repeated [his request for counsel] several times, and [each time] He (peace and blessings of Allah be upon him) said, “Do not become angry.”

[Al-Bukhari]

احفظ لسانك أن تقول  
فتتبتلي  
إن البلاء مُوكَّل  
بالمناطق  
(أبو بكر الصديق رضي الله عنه)

Beware of your tongue, lest you speak and be tested; for trials are tied to speech.

It highlights the idea that careless words can lead to troubles and that one should be mindful of what they say.

إِحْفَظْ لِسَانَكَ أَيُّهَا الْإِنْسَانُ  
لَا يَلْدَغَنَّكَ إِنَّهُ ثُعْبَانٌ  
(امام شافعيؒ)

"Guard your tongue, O human":  
This reminds us to be careful with  
our words because they can have  
serious consequences, good or  
bad. Careless speech can hurt  
others or cause regret.

"Lest it bites you, for it is a  
serpent": The tongue is compared  
to a snake, showing that hurtful or  
thoughtless words can harm the  
speaker, just like a snake's bite.  
Words spoken in anger or without  
thinking can ruin relationships and  
reputations.

The verse teaches us to think  
before we speak.

**أَنْ حَفِظَ اللُّسَانَ سَبَبٌ لِلنَّجَاةِ.**

Guarding the tongue is a cause  
of salvation.

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**أَنْ تَمَامَ إِسْلَامِ الْمَرْءِ أَنْ يَكْفَ  
لِسَانَهُ عَنِ الْمُسْلِمِينَ.**

The perfection of a person's  
Islam is to restrain their tongue  
from harming other Muslims.

أَنَّ فِي حِفْظِ لِسَانِهِ امْتِثَالَ لِأَمْرِ  
اللَّهِ سُبْحَانَهُ، وَأَمْرِ رَسُولِهِ صَلَّى  
اللَّهُ عَلَيْهِ وَسَلَّمَ بِحِفْظِهِ.

Guarding one's tongue is  
an act of obedience to  
Allah's command and the  
command of His Messenger  
(peace be upon him) to  
safeguard it.