



THE WAVES OF WISDOM

ARABIC & ENGLISH

COMPILED AND TRANSLATED

BY

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About the Author

Dr. Sajad Rashid is a distinguished scholar in Arabic Language and Literature, holding a Ph.D. from the University of Kashmir. With over 13 years of teaching experience at esteemed institutions like the Indian School Muscat, DPS Doha, and Our Own High School Dubai, he now serves as an Assistant Professor at the Islamic University of Science and Technology, Kashmir.

Dr. Sajad's works include Introduction to the Science of Hadith, Responsibility of Youth and Their Challenges, Al-Hikmah 01 & 02, and Aqwal-e-Rasool ﷺ. He has also presented numerous research papers at national and international seminars, showcasing his expertise and academic contributions.

Disclaimer

The content of The waves of Wisdom is derived from various sources to provide a comprehensive exploration of its themes. Efforts have been made to ensure clarity and accuracy using translation tools, though some nuances may vary. Readers are encouraged to consult original texts for deeper understanding.

This work is intended for educational purposes and is not a definitive resource..

Why Read “The waves of Wisdom”?

The Flowers of Wisdom presents timeless teachings from diverse traditions, offering practical guidance for personal growth and self-discovery. Blending ancient insights with modern perspectives, it inspires reflection and equips readers with tools to navigate challenges, find purpose, and achieve fulfillment.

رَأَيْتُ الدَّهْرَ مُخْتَلِفًا يَدُورُ فَلَا حَزْنَ يَدُومُ وَلَا سُرُورُ

(الإمام علي رضي الله عنه)

This verse is attributed to Imam Ali (may Allah be pleased with him) and reflects profound wisdom about the nature of life and time. It teaches an important lesson for all of us, especially those who lose hope when facing problems. Often, we think everything is over during tough times, but we forget what the Prophet (peace be upon him) taught us about patience and trust in Allah.

Imam Ali reminds us that life constantly changes, like a wheel that keeps turning. Hard times don't last forever, and after every difficulty, better days will come. "Neither sorrow remains forever, nor happiness":

عَنْ أَبِي هُرَيْرَةَ رَضِيَ اللَّهُ عَنْهُ أَنَّ
رَجُلًا قَالَ لِلنَّبِيِّ صَلَّى اللَّهُ عَلَيْهِ وَ
سَلَّمَ أَوْصِنِي. قَالَ: لَا تَغْضَبْ،
فَرَدَّدَ مِرَارًا، قَالَ: لَا تَغْضَبْ"
(رَوَاهُ الْبُخَارِيُّ)

On the authority of Abu Hurairah (may Allah be pleased with him): A man said to the Prophet (peace and blessings of Allah be upon him), "Counsel me," so he (peace and blessings of Allah be upon him) said, "Do not become angry." The man repeated [his request for counsel] several times, and [each time] He (peace and blessings of Allah be upon him) said, "Do not become angry."

[Al-Bukhari]

احفظ لسانك أن تقول
فتتبتلي
إن البلاء مُوكَّل
بالمناطق
(أبو بكر الصديق رضي الله عنه)

Beware of your tongue, lest you speak and be tested; for trials are tied to speech.

It highlights the idea that careless words can lead to troubles and that one should be mindful of what they say.

إِحْفَظْ لِسَانَكَ أَيُّهَا الْإِنْسَانُ
لَا يَلْدَغَنَّكَ إِنَّهُ تُعْبَانُ
(امام شافعيؒ)

"Guard your tongue, O human":
This reminds us to be careful with
our words because they can have
serious consequences, good or
bad. Careless speech can hurt
others or cause regret.

"Lest it bites you, for it is a
serpent": The tongue is compared
to a snake, showing that hurtful or
thoughtless words can harm the
speaker, just like a snake's bite.
Words spoken in anger or without
thinking can ruin relationships and
reputations.

The verse teaches us to think
before we speak.

أَنْ حَفِظَ اللُّسَانَ سَبَبٌ لِلنَّجَاةِ.

Guarding the tongue is a cause
of salvation.

**أَنْ تَمَامَ إِسْلَامِ الْمَرْءِ أَنْ يَكْفُفَ
لِسَانَهُ عَنِ الْمُسْلِمِينَ.**

The perfection of a person's
Islam is to restrain their tongue
from harming other Muslims.

أَنَّ فِي حِفْظِ لِسَانِهِ امْتِثَالَ لِأَمْرِ
اللَّهِ سُبْحَانَهُ، وَأَمْرِ رَسُولِهِ صَلَّى
اللَّهُ عَلَيْهِ وَسَلَّمَ بِحِفْظِهِ.

Guarding one's tongue is
an act of obedience to
Allah's command and the
command of His Messenger
(peace be upon him) to
safeguard it.

أَلَا فَعَالٌ أَبْلَغُ مِنَ الْأَقْوَالِ.

Actions are more eloquent
than words.

**أَوَّلُ الْغَضَبِ جُنُونٌ وَآخِرُهُ
نَدَمٌ.**

The beginning of anger is
madness, and its end is
regret.

الزهد أساسُ اليقين .

Asceticism is the essence of
faith.

العِلْمُ يَمْحُو الْجَهَالََةَ.

Knowledge erases
ignorance.

لا يرحم الله مَنْ لا يَرْحَمُ
النَّاسَ .

Allah shows no mercy to
him who is not kind to
people.

احْذَرْ عَدُوَّكَ مَرَّةً
واحْذَرْ صَدِيقَكَ أَلْفَ مَرَّةً

(المتنبي)

Be cautious of your enemy
once,
but be cautious of your
friend a thousand times.

**لا يكذب من يثق بنفسه ، ولا
يخون من يعتز بشرفه .**

Those who trust themselves
do not lie, and those who
value their honor do not
betray.

على قدر لحافك مد رجلك.

Stretch your legs according
to the size of your blanket.

**لسانك حصانك ، إن صنته
صانك و إن أهنته أهانك .**

Your tongue is your horse; if you take care of it, it will take care of you, but if you mistreat it, it will bring you harm.

كل شجرة ... كانت حبة .

Every tree was once a seed.

**النجاح لا يحتاج الى كثير من
العلم ، و لكنه يحتاج الى
الحكمة .**

Success does not require a
lot of knowledge, but it
needs wisdom.

مَنْ كَثُرَ اعْتِبَارُهُ قَلَّ عِثَارُهُ

Whoever is more careful
makes fewer mistakes.

مَنْ سَاءَ اخْتِيَارُهُ قُبِحَتْ آثَارُهُ

.

Whoever makes poor choices will have bad consequences.

مَنْ جَارَ حُكْمُهُ ، أَهْلَكَهُ ظُلْمُهُ

Whoever's judgment is unfair will be destroyed by their own injustice.

من ضعفت آراؤه قويت
أعداؤه

Whoever's an opinion
weaken, their enemies grow
stronger.

مَنْ كَفَى بِالْيَسِيرِ اسْتَفْنَى
عَنْ الْكَثِيرِ.

Whoever is satisfied with
little will be free from
needing much.

مَنْ غَشَّ أَخَاهُ أَنْهَجَهُ وَأَغْرَاهُ .

Anyone who deceives their brother leads them astray.
It means that dishonesty can mislead others and draw them into harmful paths.

**الزمن يحل المشاكل و
يجعلها قديمة .**

Time resolves problems and makes them seem old.

**رب نزهة قصيرة مع
عائلتك ،
تحل لك كثيراً من
المشكلات .**

A short outing with your
family can solve many
problems for you.

**إذا كان الكذب قارب النجاة
.. فالصدق شاطئ السلامة .**

If lying is a lifeboat, then
truthfulness is a safe shore.

**سرك سجينك .. فَإِنَّ أَنْتَ
حررتَه صرت عبداً له .**

Your secret is your prisoner;
if you free it, you become its
servant.

**بمعرفة ان لدى احدهم
سراً ما ، تكون قد عرفت
نصف السر.**

By knowing that someone
has a secret, you have
already learned half of the
secret.

**من يطارد عصفورين
يفقدهما .**

He who chases two birds
loses both.

**أبكي على العاقل حين
يموت ، و أبكي على الاحمق
حتى يموت .**

I cry for the wise man when
he dies, and I cry for the
fool even before he dies.

أخوك من صدقك النصيحة

.

Your brother is the one who gives you sincere advice.

**سيفان لا يجتمعان في
غمد واحد.**

Two swords cannot fit into one sheath.

الحرث في الماء لا يفيد .

Tilling the water is of no
use.

كل اناء ينضح بما فيه .

Every container spills over
with what is inside.

**اتق غضبة الحليم اذا
غضب .**

Beware of the calm
person's anger when they
become angry.

رب نعل شر من الحفاء .

A bad shoe is better than
going barefoot.

الوقاية خير من العلاج .

Prevention is better than
cure.

**لا أحد يصنع من المعدن
الرخيص ذهباً .**

No one can make gold
from cheap metal.

مَنْ أَطَالَ الْأَمَلَ أَسَاءَ الْعَمَلَ .

Whoever prolongs hope acts poorly.

It means that having unrealistic expectations or delaying action can lead to ineffective results.

اللبيب تكفيه الإشارة .

A wise person needs only a hint.

**بَيِّضَةُ الْيَوْمِ خَيْرٌ مِنْ دِجَاجَةِ
غَدٍ**

An egg of today is better
than a hen of tomorrow.

**بَيْنَ الْقَوْلِ وَالْعَمَلِ فَرْقٌ
كَبِيرٌ.**

There is a great difference
between قول (speech) and
عمل (action).

التَّجْرِبَةُ عِلْمٌ كَبِيرٌ.

Experience is a great
knowledge.

جَوَابُ الْأَحْمَقِ عَلَى رَأْسِ لِسَانِهِ.

The answer of the fool is on
the tip of his tongue.

الجبنُ يَموتُ مَرَّاتٍ.

**A coward dies a thousand
deaths.**

**الجبنُ يَموتُ مَرَّاتٍ قَبْلَ
مَوْتِهِ**

**Cowards die many times
before their deaths.**

جَوْرَةُ الْكَلَامِ فِي الْإِخْتِصَارِ.

The strength of speech is in
its brevity.

الْمَالُ يَتَكَلَّمُ.

Money speaks.

الزيادةُ أختُ النقصانِ.

Excess is the sister of
deficiency.

كل كلبٍ يبأه نَبأه.

Every dog barks at its own
door.

**صُحْبَةُ السُّوِّءِ مَفْسِدَةٌ
لِلْأَخْلَاقِ.**

Bad company corrupts
morals.

لِكُلِّ سُؤَالٍ جَوَابٌ.

Every question has an
answer.

كن صادقًا دائمًا.

Always be honest.

**لا تبصق في البئر فقد
تشرّب منه يوما .**

**Do not spit in the well,
for you may drink from it
one day.**

العلم مصباح في الظلمة.

**Knowledge is a lamp in
the darkness.**

العلم مفتاح الحكمة.

**Knowledge is the key to
wisdom.**

العلم مفتاح الهداية.

**Knowledge is the key to
guidance.**

بالعلم يُفتح باب الهداية.

**Through knowledge, the
door of guidance is
opened.**

**لِكُلِّ شَيْءٍ مِفْتَاحٌ وَمِفْتَاحُ
الْجَنَّةِ حُبُّ الْمَسَاكِينِ
وَالْفُقَرَاءِ.**

**For everything, there is a
key, and the key to
paradise is love for the
poor and the needy.**

**it means that caring for
those in need is essential
for attaining a place in
paradise.**

A Small Favour

Asalamualaikum Dear Readers

Thank you so much for reading

“ The waves of Wisdom ”

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Thank you again for your support!

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**Thank you for
reading this book**

MAY ALLAH GUIDE US

AMEEN